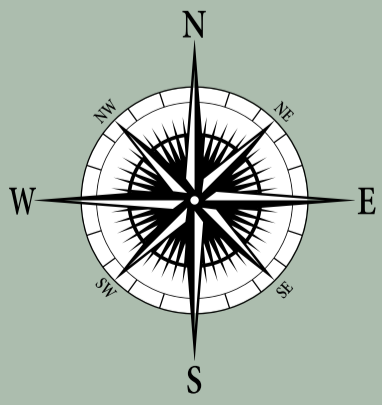


Whiting Beach

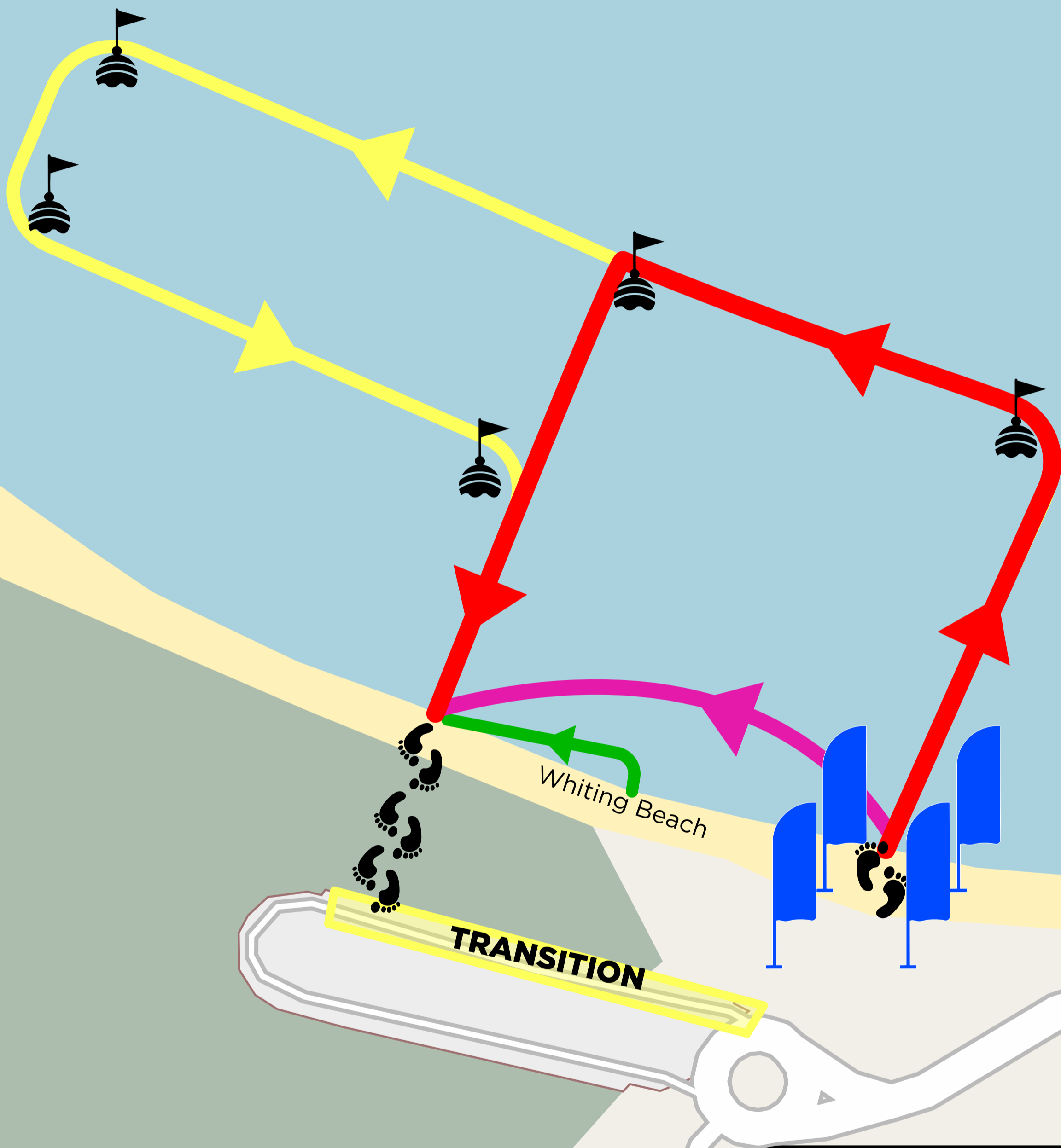
CHECK IN

Harbour St

750m
300m
50m Wade



COMMUNITY SWIM



SPRINT - 750m

TEMPTA - 300m

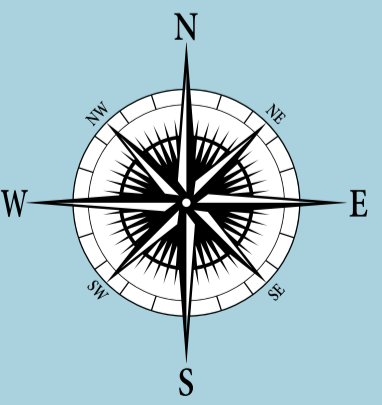
KIDS - 100m

DISCOVER - 50m

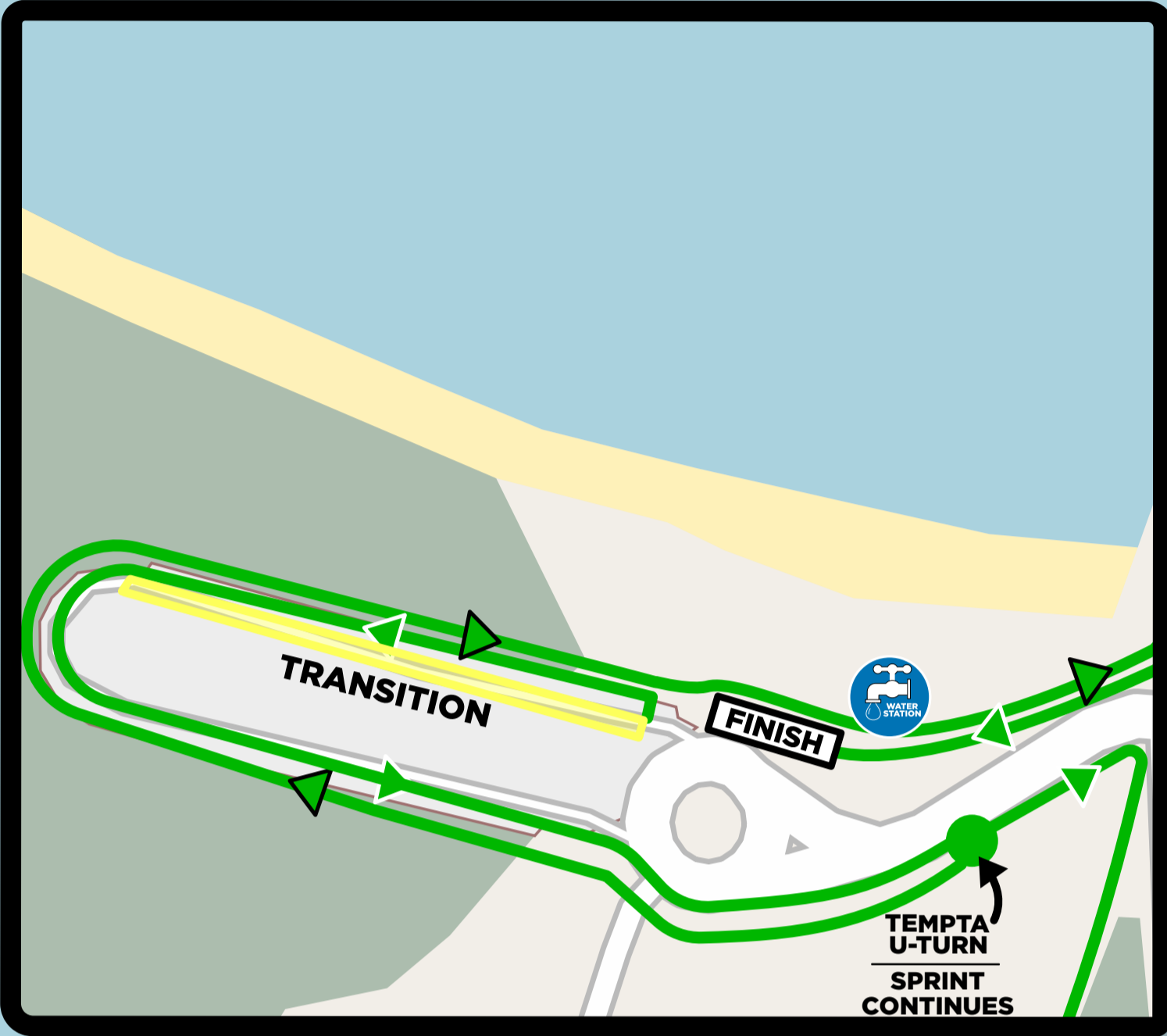
SWIM



SPRINT - 2 Laps - 20km
TEMPTA - 1 Lap - 10km
KIDS - 3km
DISCOVER - 1.5km



CYCLE



SPRINT - 5km
TEMPTA - 2.5km
KIDS - 750m
DISCOVER - 400m

RUN



SPRINT
750m SWIM
5km RUN

DISCOVER
50m SWIM
400m RUN

AQUATHLON